

Government of India Ministry of Earth Sciences India Meteorological Department



Press Release Date: 07th December, 2025 Time of Issue: 1400 hours IST

Subject: (i) Cold wave conditions very likely to prevail in isolated pockets over Madhya Pradesh, Vidarbha, Chhattisgarh and Odisha on 8th & 9th December.

(ii) Dense fog conditions very likely to prevail in isolated pockets over West Madhya Pradesh on 08th, Odisha on 08th & 09th, Himachal Pradesh during 08th-10th and over Assam & Meghalaya, Nagaland, Manipur, Mizoram & Tripura during 08th-12th December

Realised weather during past 24 hours ending at 0830 hours IST of today, the 07th December, 2025:

- **Cold wave conditions** prevailed at a few places over Chhattisgarh; at isolated places over Vidarbha, Odisha.
- ❖ Shallow to moderate fog has been reported at many places over Punjab, West Uttar Pradesh, northern parts of Haryana and moderate to dense fog at isolated places over Himachal Pradesh, Odisha and Assam.
- **Reported horizontal visibility at surface level (≤200 m) (in meter): Odisha:** Rourkela 70; **Himachal Pradesh**: Bilaspur 100 and **Assam:** Jorhat 150.

Weather Systems, Forecast and Warnings (refer to ANNEXURE I & II):

- ❖ The **upper air cyclonic circulation** lay over east Bangladesh in lower tropospheric levels.
- ❖ The **Western Disturbance** as a trough in middle tropospheric westerlies with its axis at 5.8 km above mean sea level now runs roughly along Long. 63°E to the north of Lat. 28°N.
- ❖ A **trough** in easterlies runs roughly along Long. 91°E over southeast Bay of Bengal in lower tropospheric levels.
- ❖ **Jet Stream Winds** of the order of 115 knots at 12.6 km above mean sea level are prevailing over plains of north India.

Under the influence of these systems, the following weather is likely:

- ❖ Light to moderate rainfall at isolated places **accompanied with thunderstorm**, **lightning** over Tamil Nadu on 07th December.
- ❖ Light to moderate rainfall very likely at a few places **accompanied with Thunderstorm**, **lightning with Gusty Wind speed (30-40 gusting upto 50 kmph)** likely to prevail over Andaman & Nicobar Islands during 07th-10th December.
- ❖ Light to moderate rainfall at isolated places likely over Jammu & Kashmir, Himachal Pradesh and Uttarakhand on 07th & 08th December.

Temperature Conditions during past 24 hours till 0830 hours IST of today:

- ❖ Minimum temperatures were in the range of less than 5°C at many places over Jammu-Kashmir-Ladakh-Gilgit-Baltistan-Muzaffarabad, Himachal Pradesh; in the range of 5°-10°C at many places over Punjab, Haryana, Uttarakhand, Uttar Pradesh, north Madhya Pradesh; at isolated places over Chhattisgarh, Odisha, Bihar, Jharkhand and Northeast India. The lowest minimum temperature of 2.6 °C is reported at Adampur (Punjab) over the plains of India.
- ❖ Minimum Temperature departures were below normal (-1.0°C to -4.0°C) at many places over Madhya Pradesh, Chhattisgarh, Jharkhand, Odisha, Gangetic West Bengal, Vidarbha; at few places over East Rajasthan, Northeast India; at isolated places over Telangana, Uttar Pradesh, Haryana, Bihar. (refer to ANNEXURE IV)

❖ Minimum Temperatures show rising tendency by 1-2°C over many parts of Northwest India, Madhya Pradesh, Gangetic West Bengal; falling tendency by 1-3°C over some parts of Gujarat region, northeast and north Peninsular India.

Forecast of minimum temperatures:

- ❖ Gradual Fall by 2-3^oC over west India during next 3-4 days and no significant change thereafter.
- ❖ No significant change in minimum temperature likely over remaining parts of the country.

Dense Fog & Cold wave warning Warnings:

- ❖ **Cold wave conditions** very likely to prevail at a few places over Chhattisgarh on 08th & 09th, in isolated pockets over Madhya Pradesh, north Vidarbha, Odisha on 08th & 09th December.
- ❖ **Dense fog conditions** very likely to prevail during early morning hours in isolated pockets of Assam & Meghalaya, Nagaland, Manipur, Mizoram & Tripura during 08th-12th; West Madhya Pradesh on 08th, Himachal Pradesh during 08th-10th and over Odisha on 08th & 09th December.

Fisherman Warning:

Fishermen are advised not to venture into:

- ❖ central parts of Bay of Bengal on 7th December
- ❖ southwest and adjoining southeast Bay of Bengal on 8th December
- ❖ southwest BoB & along & off Tamil Nadu -East Sri Lanka coasts on 9th December
- southwest BoB & along & off Tamil Nadu-Sri Lanka coasts, Comorin & Gulf of Mannar on 10th December
- ❖ Comorin & adjoining Maldives area on 11th December.

ii) Weather conditions and forecast over Delhi/NCR during 07th December-10th December, 2025 (ANNEXURE III)

For more details, kindly refer National Weather Bulletin:

https://mausam.imd.gov.in/responsive/all_india_forcast_bulletin.php

 $\textbf{For District wise warnings refer: } \underline{\texttt{https://mausam.imd.gov.in/responsive/districtWiseWarningGIS.php} \\$

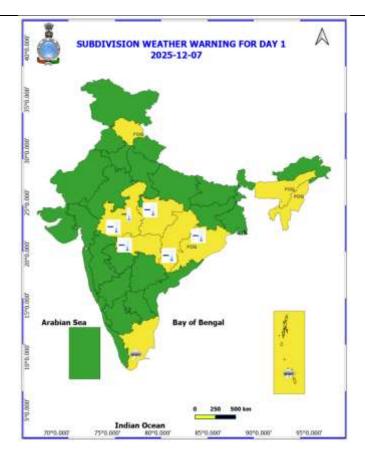
For Fishermen warning refer https://rsmcnewdelhi.imd.gov.in/fishermen-warning.php

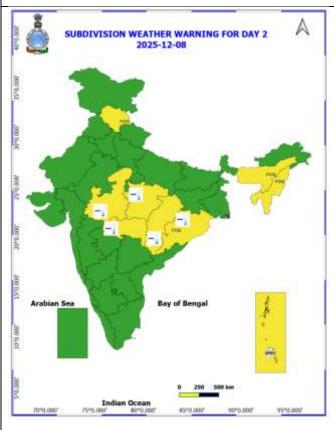
Significant rainfall recorded (in cm) (from 0830 hours IST of vesterday to 0830 hours IST of today):

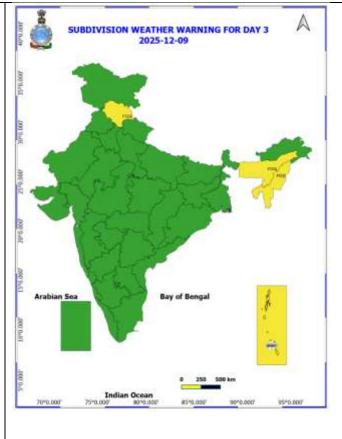
- ❖ Andaman & Nicobar Islands: Hut Bay (dist South Andaman) 5, Iaf Carnicobar (dist Nicobar) 2;
- Tamil Nadu: Tirupoondi (Dist Nagapattinam) 2;

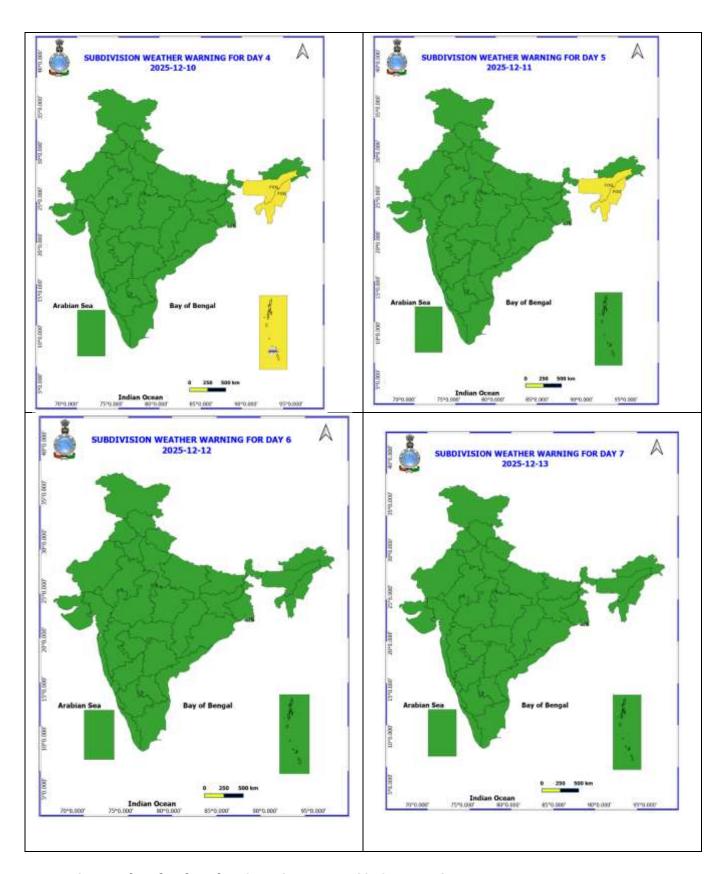
	Table-1 7 Days Rainfall Forecast							
_	7 Days Rainfa	III Forec	ast					
S.No.	Subdivision				10- Dec			
_		Day 1					Day 6	
	ANDAMAN & NICOBAR ISLANDS	FWS					SCT	SC
	ARUNACHAL PRADESH	DRY	and the second		The second second	- The second second		DRY
	ASSAM & MEHGHALAYA	DRY		DRY		DRY	DRY	DRY
4	NAGALAND, MANIPUR, MIZORAM AND TRIPURA		DRY	DRY	Name and Address of the Owner, where the	DRY	DRY	DRY
5	SUB HIMALAYAN WEST BENGAL & SIKKIM	DRY	DRY	ISOL	ISOL	DRY	DRY	DRY
6	GANGETIC WEST BENGAL	DRY		DRY			DRY	DRY
7	ODISHA	DRY		DRY	DRY	DRY	DRY	DRY
8	JHARKHAND	DRY		DRY	DRY	DRY	DRY	DRY
9	BIHAR	DRY	DRY	DRY	DRY	DRY	DRY	DRY
10	EAST UTTAR PRADESH	DRY	DRY	DRY	DRY	DRY	DRY	DRY
11	WEST UTTAR PRADESH	DRY	DRY	DRY	DRY	DRY	DRY	DRY
12	UTTARAKHAND	ISOL	ISOL	DRY	DRY	DRY	DRY	DRY
13	HARYANA, CHANDIGARH & DELHI	DRY	DRY	DRY	DRY	DRY	DRY	DRY
	PUNJAB	DRY	DRY	DRY	DRY	DRY	DRY	DRY
15	HIMACHAL PRADESH	ISOL	ISOL	DRY	DRY	DRY	DRY	DRY
16	JAMMU AND KASHMIR AND LADAKH	ISOL	ISOL	DRY	DRY	DRY	DRY	DRY
17	WEST RAJASTHAN	DRY	DRY	DRY	DRY	DRY	DRY	DRY
18	EAST RAJASTHAN	DRY	DRY	DRY	DRY	DRY	DRY	DRY
19	WEST MADHYA PRADESH	DRY	DRY	DRY	DRY	DRY	DRY	DRY
20	EAST MADHYA PRADESH	DRY	DRY	DRY	DRY	DRY	DRY	DRY
21	GUJRAT REGION	DRY	DRY	DRY	DRY	DRY	DRY	DRY
22	SAURASHTRA & KUTCH	DRY	Commission of the Commission o	DRY	DRY	DRY	DRY	DRY
23	KONKAN & GOA	DRY	DRY	DRY	DRY	DRY	DRY	DRY
24		DRY	DRY	DRY	DRY	DRY	DRY	DRY
25	MARATHWADA	DRY	DRY	DRY	DRY	DRY	DRY	DRY
	VIDARBHA	DRY	-	DRY	DRY	DRY	DRY	DRY
27	CHHATTISGARH	DRY	Extraction and the contract of	DRY	DRY	DRY	DRY	DRY
28	COASTAL ANDHRA PRADESH	ISOL		DRY	DRY	DRY	DRY	DRY
29	TELANGANA	DRY	DRY	DRY	DRY	DRY	DRY	DRY
30	RAYALASEEMA	ISOL			DRY	DRY	DRY	DRY
31	TAMILNADU & PUDUCHERRY	ISOL	Communications and		ISOL		ISOL	ISOL
32	COSTAL KARNATAKA	DRY					DRY	DRY
33	NORTH INTERIOR KARNATAKA	DRY						DRY
34	SOUTH INTERIOR KARNATAKA	DRY	Annual Contract of the Contrac		mention to the contract of		DRY	DRY
-	KERALA AND MAHE	ISOL	ISOL		ISOL		ISOL	ISOL
_	LAKSHADWEEP	SCT			Commence of the Control of the Contr		and the second second	SCI

• As the lead period increases forecast accuracy decrease.









- Action may be taken based on ORANGE AND REDCOLOUR warnings.
- Vulnerable regions likely urban and hilly areas action may be initiated for heavy rainfall warning.
- As the lead period increases forecast accuracy decreases.

Weather forecast over Delhi/NCR during 07th December to 10th December 2025

Past Weather:

There has been increase in maximum temperatures by 1 °C and 1-2 °C in minimum temperatures during the past 24 hours over Delhi. The maximum and minimum temperatures over Delhi were around 22 to 25°C and 10 to 12 °C, respectively. The minimum temperatures are markedly below normal (-2.9°C or less) at isolated places and appreciably below normal (-1.9 to -2.9 °C) at few places and below normal (-0.6 to -1.6°C) over remaining parts of Delhi. The maximum temperatures were appreciable below normal (-1.6 to -3.2°C) at many places, below normal (-0.6 to -1.6°C) at isolated places and normal (-0.6 to 1.0°C) over remaining parts of Delhi. Mainly clear sky conditions with predominant surface wind from the west direction, with a wind speed up to 16 kmph, prevailed during the past 24 hours. Mainly clear sky conditions with wind from the Southwest direction with a wind speed up to 10 kmph prevailed over the region in the forenoon today.

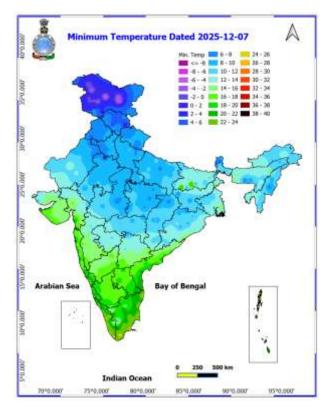
Weather Forecast:

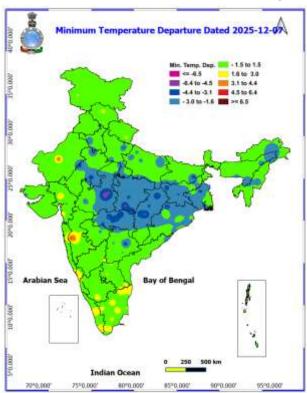
07.12.2025: Partly cloudy sky. Surface Wind Speeds of 15-20 Kmph During day time. Mist/Haze during the night. The maximum temperatures are likely to be in the range of 23 to 25°C. The maximum temperatures will be below normal (upto -1.8 °C) over Delhi. The predominant surface wind is likely to be from the northwest direction, with wind speeds up to 15 kmph during the afternoon hours, The predominant surface wind is likely to be from the west direction with wind speed up to 10 kmph during the evening and night.

08.12.2025: Mainly cloudy sky. Surface Wind Speeds of 15-20 Kmph During day time. Mist/Haze during the morning hours. The maximum and minimum temperatures over Delhi are likely to be in the range of 24 to 26°C and 09 to 11°C respectively. The minimum temperatures will be above normal (up to 1.4°C), and the maximum temperatures will be below normal near over Delhi. The predominant surface wind is likely to be from the northwest direction with wind speeds up to 15 kmph during morning hours. The wind speed will increase with wind speeds up to 20 kmph from the northwest direction in the afternoon. The wind speed will decrease with wind speeds up to 10 kmph from the northwest direction evening and night.

09.12.2025: Partly cloudy sky. Mist/Haze during the morning hours. The maximum and minimum temperatures over Delhi are likely to be in the range of 23 to 25 °C and 08 to 10°C respectively. The minimum temperatures will be will be near normal, and the maximum temperatures will be below normal (upto -1.8 °C) over Delhi. The predominant surface wind is likely to be from the northwest direction associated with wind speeds up to 15 kmph during morning hours, afternoon, evening and night.

10.12.2025: Mainly cloudy sky. Shallow Fog During Morning Hours. The maximum and minimum temperatures over Delhi are likely to be in the ranges of 23 °C to 25 °C and 08°C to 10 °C, respectively. The minimum temperatures will be will be near normal, and the maximum temperatures will be below normal (upto -1.8 °C) over Delhi. The predominant surface wind is likely to be from the northwest direction, with wind speeds of up to 15 kmph during the morning hours and afternoon. The predominant surface wind is likely to be from the west direction with wind speed up to 10 kmph during the evening and night.





Impact expected due to Cold Wave conditions at a few places over Chhattisgarh on 08th & 09th, in isolated pockets over Madhya Pradesh, north Vidarbha, Odisha on 08th & 09th December.

- An increased likelihood of various illnesses like flu, running/ stuffy nose or nosebleed, which usually set in or get aggravated due to prolonged exposure to cold.
- ❖ Do not ignore shivering. It is the first sign that the body is losing heat. Get Indoors.
- ❖ Frostbite can occur due to prolonged exposure to cold. The skin turns pale, hard and numb and eventually black blisters appear on exposed body parts such as fingers, toes, nose and or earlobes. Severe frostbite needs immediate medical attention and treatment.
- Impact on agriculture, crop, livestock, water supply, transport and power sector at some places.

Action suggested:

- ❖ Wear several layers of loose fitting, light weight; warm woollen clothing.
- Cover your head, neck, hands and toes adequately as majority of heat loss occurs through these body parts. Wear several layers of loose fitting, light weight; warm woollen clothing rather than one layer of heavy cloth.
- ❖ Eat vitamin-C rich fruits & vegetable and drink sufficient fluids preferably warm fluids to maintain adequate immunity.
- Avoid or limit outdoor activities.
- Keep dry, if wet, change cloths immediately to prevent loss of body heat. Wear insulated/waterproof shoes.
- ❖ Warm the affected area of the body slowly with lukewarm water; do not rub the skin vigorously.
- ❖ If the affected skin area turns black, immediately consult a doctor.
- ❖ Maintain ventilation while using Heaters to avoid inhaling toxic fumes.
- ❖ Take safety measures while using electrical and gas heating devices.
- Extreme care needed for vulnerable people.
- Seek medical attention as soon as possible for someone suffering from frostbite/ Hypothermia.
- Protect livestock from cold weather.

Impact expected due to dense/very dense fog in the night/morning hour: in isolated pockets of Assam & Meghalaya, Nagaland, Manipur, Mizoram & Tripura during 08th-12th; West Madhya Pradesh on 08th, Himachal Pradesh during 08th-10th and over Odisha on 08th & 09th December.

- Transport and Aviation:
 - May affect some airports, highways and railway routes in the areas of met-sub-division.
 - Difficult driving conditions with slower journey times.
 - Unless taken precautionary measures, it may lead to some road traffic collisions.

- ❖ Power Sector:
 - Chances of Tripping of Power lines in the very dense fog routes.
- **❖** Human Health:
 - Lung related health impacts: Dense fog contains particulate matter and other pollutants and in case exposed it gets lodged in the lungs, clogging them and decreasing their functional capacity which increases episodes of wheezing, coughing and shortness of breath.
 - Impact on people having asthma bronchitis: Long time exposure to dense fog may cause respiratory problem for people having asthma bronchitis and other lung related health problems.
 - Eye Irritation: Dense fog contains pollutions of various types and these Pollutants in the air if exposed may tend to irritate the membranes of the eye causing various infections leading to redness or swelling of the eye.

Action suggested:

- **❖** Transport and Aviation:
 - Be careful while driving or outing through any transport.
 - Use fog lights during driving.
 - Be in touch with airlines, railways and state transport for schedule of your journey.
- ❖ Power Sector:
 - To keep ready Maintenance Team.
 - Human Health: To avoid outing until unless emergency and to cover the face.

Agromet advisories for likely impact of Cold Waves / Low Temperatures

> In **Punjab**, **Haryana**, **Odisha**, **Madhya Pradesh**, **Vidarbha and Chhattisgarh**, apply light and frequent irrigation to the standing crops in the evening to protect the crops from low temperature stress. Use mulching and cover vegetable nurseries and young fruit plants with straw / polythene sheets to maintain optimum soil temperature.

Livestock / Poultry

- > Keep cattle inside the sheds during night and provide dry bedding to protect them from cold.
- ➤ Keep the chicks warm by providing artificial light in the poultry sheds.

Agromet advisories for likely impact of Thunderstorm / Gusty Winds

Provide mechanical support to horticultural crops and staking or support to vegetables and young fruit plants / fruit-bearing plants to avoid lodging due to strong winds.

Legends & abbreviations:

- **♦ Heavy Rain:**64.5-115.5mm; **Very Heavy Rain:**115.6-204.4mm; **Extremely Heavy Rain:** >204.4mm.
- Obsy: Observatory; Automatic Weather Station; ARG: Automatic Rain Gauge; dist: District: NH: National Highway; KVK: Krishi Vigyan Kendra; DVC: Damodar Valley Corporation; PTO: Part Time Office, Aero: Aerodrome, IAF: Indian Air Force.
- **Region wise classification of meteorological Sub-Divisions:**
 - Northwest India: Western Himalayan Region (Jammu-Kashmir-Ladakh-Gilgit-Baltistan-Muzaffarabad, Himachal Pradesh and Uttarakhand); Punjab, Haryana-Chandigarh-Delhi; West Uttar Pradesh, East Uttar Pradesh, West Rajasthan and East Rajasthan.
 - Central India: West Madhya Pradesh, East Madhya Pradesh, Vidarbha and Chhattisgarh.
 - **East India:** Bihar, Jharkhand, Sub-Himalayan West Bengal & Sikkim; Gangetic West Bengal, Odisha and Andaman & Nicobar Islands.
 - Northeast India: Arunachal Pradesh, Assam & Meghalaya and Nagaland, Manipur, Mizoram & Tripura.
 - **West India:** Gujarat Region, Saurashtra & Kutch, Konkan & Goa, Madhya Maharashtra and Marathawada.
 - **South India:** Coastal Andhra Pradesh & Yanam, Telangana, Rayalaseema, Coastal Karnataka, North Interior Karnataka, South Interior Karnataka, Kerala & Mahe, Tamil Nadu, Puducherry & Karaikal and Lakshadweep.



राष्ट्रीय मौसम पूर्वानुमान केन्द्र भारत मौसम विज्ञान विभाग पृथ्वी विज्ञान मंत्रालय



National Weather Forecasting Centre India Meteorological Department Ministry of Earth Sciences

LEGENDS



SPATIAL DISTRIBUTION (% of Stations reporting)

% Stations	Category		% Stations	Cate	gory		
76-100	Widespread (WS/Most Places)		26-50	Scattered (SCT/A Few Places)			
51-75	Fairly Widesp	read (FWS/Many Places)	1-25	isolated (ISOL)			
Fog		Heavy Snow	Cold Wave	COLOUR CO	COLOUR CODED WARNING No Warning (No Action)		
		0	#	No Warni			
Heavy Rain		⊜ Dust Storm	Cold Day	Watch (B	Watch (Be Aware)		
Very Heavy Rain		+ Heat Wave	Ground Fro	Alert (Be	Alert (Be Prepared To Take Action)		
Extremely	Heavy Rain	+ Warm Night		Warning	Warning (Take Action)		
.	0 1:-ba-:	+ Hot Day		-	bilistic Forecast		
Thunder & Lightning		* in		Terms	Probability of Occurrence (%		
Hailstorm Hot & Humid				Unlikely Likely Very Likely	< 25 25 - 50 50 - 75		
Dust Raising Winds Strong Surface Wind			ds	Most Likely	> 75		





	Heavy: 64.5 to 115.5 mm/cm *
Rain/ Snow *	Very Heavy: 115.8 to 204.4 mm/cm*
rain anow	Extremely Heavy: > 204.4 mm/cm *
	When maximum temperature of a station reaches ≥40° C for plains and ≥30° C for hilly regions (a) Based on Departure from normal
	Heat Wave: Maximum Temperature Departure from normal 4.5° C to 6.4° C.
	Severe Heat Wave: Maximum Temperature Departure from normal ≥6.5° C
Heat Wave	(b). Based on Actual maximum temperature
	Heat Wave: When actual maximum temperature ≥45°C. Severe Heat Wave: When actual maximum temperature ≥47°C
	(c). Criteria for heat wave for coastal stations When maximum temperature departure is >4.5°C from normal. Heat Wave may be described provided maximum temperature ≥37°C
	When maximum temperature remains 40°C
Warm Night	Warm Night: When minimum temperature departure 4.5 °C to 6.4 °C.
	Severe Warm Night: When minimum temperature departure >6.4 °C.
	When minimum temperature of a station ≤10°C for plains and ≤0°C for hilly regions. (a). Based on departure Cold Wave: Minimum Temperature Departure from normal ≤ 4.5 °C to -6.4 °C. Severe Cold Wave: Minimum Temperature Departure from normal ≤ -6.5 °C
Cold Wave	
CONTRACTOR ((b) Based on actual Minimum Temperature (for Plains only)
	Cold Wave : When Minimum Temperature is ≤ 4.0 °C Severe Cold Wave: When Minimum Temperature is ≤ 2.0 °C
	(c) For Coastal Stations When Minimum Temperature departure is ≤ -4.5 °C & actual Minimum Temperature is ≤ 15 °C
	When minimum temperature of a station ≤10°C for plains and ≤0°C for hilly regions Based on departure
Cold Day	Cold Day: Maximum Temperature Departure from normal -4.5 °C to -6.4 °C.
	Severe Cold Day: Maximum Temperature Departure from normal s -6.5 °C
	Phenomenon of small droplets suspended in air and the horizontal visibility < 1km Moderate Fog: When the visibility_between 500-200 metres
Fog	Dense Fog: when the visibility between 50- 200 metres
	Very Dense Fog: when the visibility < 50 metres
Thunderstorm	Sudden electrical discharges manifested by a flash of light (Lightning) and a sharp rumbling sound (thunder)
Dust/Sand Storm	An ensemble of particles of dust or sand energetically lifted to great heights by a strong and turbulent wind.
Frost	Ice deposits on ground
riost	Air temperature ≤4°C (over Plains)
	A strong wind that rises suddenly, lasts for atleast 1 minute.
Constant II	Moderate: Wind speed 52-61 kmph
Squall	Severe: Wind speed 62-87 kmph
	Very Severe: Wind speed >87 kmph
	Effect of various waves in the sea over specific area
Sea State	Rough to very rough: Wind speed 41-82 kmph (22-33 knots) & Wave height 2,5-6 metre High to very high: Wind speed 63-117 kmph (34-63 knots) & Wave height 6-14 metre Phenomenal: Wind speed >117 kmph (>63 knots) & Wave height >14 metre
,	Cyclonic Storm: Wind speed 62-87 kmph (34-47 knots)
	The first of the control of the cont
Cyclone	Severe Cyclonic Storm: Wind speed 62-67 kmph (34-47 kmph) (48-63 knots) Very Severe Cyclonic Storm: Wind speed 81-17 kmph (48-63 knots) Very Severe Cyclonic Storm: Wind speed 118-165 kmph (64 - 89 knots)
Cyclone	Severe Cyclonic Storm: Wind speed 88-117 kmph (48-63 knots)